



# disAbility Awareness Month - October 2018: Description of Events

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| <b>SDRC Open House</b><br>October 4, 2018, 11am-2pm<br>at 125 Costo Hall   | Please visit our office to learn more about what services/resources are being offered to students with disabilities. Participate in trivia to test your knowledge and win some fun prizes.  |
| <b>disAbility ALLY Workshops</b><br>10/09 9-12pm, HUB 265<br>10/30 1-4pm, HUB 265  | This workshop seeks to facilitate awareness, understanding, and competency of disability through connecting faculty, staff, and students with resources, knowledge, and relationships of disability as diversity.<br><b>Register via UC Learning Center LMS</b>   |
| <b>R'Success Workshops</b><br>Surge/Skye, RM 156<br><br>Check for updates at this Link<br>→                              | <b>ARC Workshop for all students</b><br>R'Success Workshops are scheduled on a drop-in basis and “first-come, first served.” The workshop series covers a variety of study and life skills topics with each workshop offered several times each quarter. If you’re looking for ways to strengthen your study habits and time management skills, you’ve come to the right place.<br><b>Register:</b> <a href="http://arc.ucr.edu/workshops/study/index.html">http://arc.ucr.edu/workshops/study/index.html</a>   |
| <b>ASPIRE Program Overview</b><br>10/25 at 12:30-1:30pm at<br>Career Center Plaza  | <b>ASPIRE</b> is a career-development and professional-leadership program focused on the enhancement and exploration of career skills and transferable life skills for undergraduate students with disabilities. To apply for the program and for more information, contact: Vanessa Lee, <a href="mailto:wei.lee@ucr.edu">wei.lee@ucr.edu</a> , (951) 827-2827; or Glyn Wild, <a href="mailto:glynw@ucr.edu">glynw@ucr.edu</a> , (951) 827-4538. Web: <a href="http://careers.ucr.edu/">http://careers.ucr.edu/</a>  |
| <b>“Let’s Chalk About it”</b> by WELL<br>and Active Minds<br>10/10 11am-1pm<br><br>Location: HUB Upper Plaza             | Whether or not you are an artist, you can express yourself in creating a chalk art. In support of National Day Without Stigma, The Let’s Chalk Awareness campaign will be hosted by the Active Minds Chapter with the goal to publicly demonstrate support for all those struggling with mental health issues and promote local resources.  |
| <b>SRC Accessibility Tour</b><br>10/29 at 11am,<br>to meet at SRC lobby  | <b>Student Recreation Center:</b> <a href="http://recreation.ucr.edu/">http://recreation.ucr.edu/</a><br>This tour will allow attendees to become acquainted with accessible equipment and give students an opportunity to inquire about classes offered. If you would like to partake in this tour, please RSVP by clicking on this link: <a href="https://goo.gl/forms/v9pO9X2Ww349ksNy1">https://goo.gl/forms/v9pO9X2Ww349ksNy1</a>  |
| <b>SRC Cooking Program</b><br><br>10/12 at 4-6pm:<br>“It’s a Small World”<br><br>10/18 at 2-4pm:<br>“R’Pantry Creations” | <b>Student Recreation Center:</b> <a href="http://recreation.ucr.edu/">http://recreation.ucr.edu/</a><br><b>It’s a Small World:</b> Travel around the world’s best cuisines in this adventurous demo. From Asian to Latin American, we got you covered! Now let’s get ready for takeoff.<br><b>R’Pantry Creations:</b> R’Pantry provides groceries and basic necessities to Highlanders in need. Join us to learn how to turn some of these foods into affordable and delicious meals. In collaboration with Dining Services: Seeds of Change.<br><b>Register</b> via phone (951) 827-5731 or in person at <b>Student Recreation Center</b> |
| <b>R’Pantry Open House for<br/>SDRC Students (only)</b><br>10/11 1pm-3pm at<br>110 Costo Hall                            | <b>Web:</b> <a href="http://basicneeds.ucr.edu/rpantry/index.html">http://basicneeds.ucr.edu/rpantry/index.html</a><br>R’Pantry is the UC Riverside food pantry, which aims to provide emergency food to UC Riverside students in need and to connect students to on- and off-campus food resources.  |